

starter to pud
project management

full-fat to skinny
change

“let’s catch up”
meetings

muffin/biscuit/salad
conflict management

workers to go
managing remote workers

“tell us what you think”
feedback

serving suggestion
presentation skills

placing your order
influencing and negotiating

perfect packaging
branding and image

make your own

brainology
miro b

the brand of me
presenting yourself

on the boil?
stress

kerching!
entrepreneurial & selling skills

round table
collaborative solutions

sifting the beans
selecting creative ideas

extra shots
personal power and resilience

may contain nuts
creativity

jammy dodger
positive thinking

or email her:
karen@tle-miad.com

enter a request for your own brainshots here